Full Force Dance Theatre’s two-week Summer Intensive offers quality faculty, diversity in training, individual attention and a unique and intense experience in modern dance. It is valuable training for the Professionally bound dancer as well as a refreshing change of pace for the returning professional or teacher. Because of the rigorous nature of the program all dancers should be currently training and have a strong foundation in ballet and/or modern technique. Minimum age requirement is 16 years of age.

Join Katie, guest artist Mary Cochran, and company members in a workshop driven by excellence and creativity.

For more information visit our website: www.fullforcedance.org

Course Descriptions and Schedule

Body Conditioning (9:30-10:45)
Start your day off with a course that will utilize elements of Yoga, Pilates and stretching exercises. Classes will focus on core strengthening, use of breath and lengthening of muscles in preparation for technique classes. Mats recommended.

Advanced Modern Technique (11-12:30)
This course will increase your range and articulation as a technician and performer by deepening skills that are applicable to all modern dance styles currently being performed. Lyricism, brio, release, density, expressionism, and wit are a few of the movement qualities we will investigate.

Improvisation (1:15-2:45)
This course will turn you into the versatile, gutsy performer of your dreams. In our quest to become more ourselves we will investigate techniques from Ruth Zaporah's Action Theater™ work, Viola Spolin’s improvisational "games,” Mary Starks Whitehouse's Authentic Movement, Bonnie Bainbridge Cohen's Body-Mind Centering®, layered improvisational prompts created by the instructor and variations suggested by the class.

Repertory Workshop (2:45-4:15)
Students will work first-hand with FFDT Artistic Director Katie Stevinson-Nollet, rehearsing and performing company repertory from recent work. Students will develop artistry and performance skills.

Int./Adv. Modern Technique (4:30-6)
A dynamic Contemporary Modern class focusing on dancing with your whole self; heart, mind and body. We will explore movement and articulation of the spine, and use gravity and opposition to move into choreography with a sense of freedom.

There will be a in studio student, company and faculty performance Friday, July 17th at 3:30pm to conclude the two-week intensive. Free and open to the public.

For more information visit our website: www.fullforcedance.org
Workshop Faculty

Katie Stevinson-Nollet (Repertory) is the Artistic Director of Full Force Dance Theatre and assistant professor in the Hartt School Dance Division. Her professional experiences as performer and choreographer have taken her across the US and abroad. Katie focuses her choreographic interests in collaboration and the exploration of the human condition. Her work has been presented at numerous venues and festivals, most recently Jacobs Pillow and Joyce SoHo. Her work is described as being “boldly athletic” and “witty”. Katie holds a B.A. in Dance from San Diego State University, an M.F.A. in Dance from the University of Michigan, and a Certificate from the London Contemporary School of Dance.

Mary Cochran (Advanced Modern and Improvisation) has performed and taught on every continent except Antarctica. A soloist with Paul Taylor Dance Company from 1984-1996, Ms. Cochran is renowned as “an interpreter of Paul Taylor’s work who absorbs technique into her bones,” “blithe spirit, weaver of magic, quintessential muse,” and “a star, indeed.” She continues her association with Paul Taylor to this day having completed 20 restagings of his masterworks and as guest faculty at the Paul Taylor School. Cochran has completed at numerous colleges and conservatories including Mills College, the Juilliard School, University of Michigan, Harvard University, and the North Carolina School of the Arts. Mary is Department of Dance Chair and Artistic Director at Barnard College of Columbia University.

Leslie Frye Maietta (Body Conditioning and Int. Adv. Modern) is a graduate of The University of the Arts in Philadelphia, PA where she earned a B.F.A. in Modern Dance. While attending, she received many honors including the “Promising Artist Award” and the “Outstanding Performance in Modern Dance” Award. Leslie’s versatile style has allowed her to continue to have a diverse career performing and teaching Modern, Jazz, Musical Theatre and Hip-Hop. Leslie takes her passion for dance to the classroom at The University of Hartford, Hartt School Community Division and The Greater Hartford Academy of the Arts where she is currently on faculty. Leslie is a member of FFDT.

Lorelei Chang (Int./Adv. Modern and Body Conditioning) is the Artistic Director of “danceEnlight,” a newly formed modern dance company based in Hartford, CT. She is currently an adjunct faculty member of The Hartt school, Trinity College, and Connecticut Concert Ballet. She is a veteran of Full Force Dance Theatre under direction of Katie Stevison-Nollet.

Program Fees

Summer Intensive
$650.00 (5 courses per day)

By the Course
(Summer Intensive 10 Pak)*
$140.00
* Registration required at time of purchase. May not be used for Repertory workshop unless also registered for Modern Technique.

“Drop In” Class*
$16.00 each
* Students may only “Drop In” for Body Conditioning and Modern Technique classes only.

Administrative Fee
There will be a $15 Administrative Fee added to all Summer Intensive and ‘By the Course’ Registrations received after May 15, 2009.

Housing Available
Housing available through the University of Hartford. Inquire by calling 860-768-2491.

Scholarship Auditions
March 14, 2009, 1:00pm– 3:30pm
Handel Performing Arts Center
For reservations email katdanc@aol.com or call 860-233-4711.

Registration Form
Full Force Dance Theatre Summer Intensive

Student Name:_________________  Address:______________________________________  Date of Birth:____________________________________

Daytime Phone:_________________________________  EMAIL:_________________________________________

□ Registering For: (please check all that apply)
□ Summer Intensive Complete $650
□ ‘By the Course’ $140 x courses $_____

□ Housing Available
□ Administrative Fee $15 (if after May 15th)

TOTAL ENCLOSED $__________________

Please make checks payable to the University of Hartford. The University of Hartford will add a 2.75% service charge to all credit card payments.

MasterCard         Discover        American Express

CARD # ______________________________________________

EXP DATE ________ SIGNATURE___________________________

Please return to:
The Hartt School Community Division Dance Department
35 Westbourne Pkwy, Hartford, CT 06112

I agree to the payment and refund policies described below: SIGNATURE

Terms of Payment and Refund Policy: Full tuition plus administrative fees are due with registration form. Enrollment is limited. In the event that you have to cancel your registration, submit written notice to The Hartt School Community Division. Due to commitments to faculty and facility arrangements, applicants who withdraw after June 30, 2009 will forfeit all fees. No refund will be made if the student is suspended, dismissed, or leaves the University without formally withdrawing; nor will any prorated reduction be made for temporary absence from the Summer Dance Intensive. The individual who signs the registration form understands and agrees to these terms. Withdrawal prior to June 30, 2009: Tuition is 100% refundable less the administrative fee.

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